



asian center
food co-op

UNITED ASIAN COMMUNITIES CENTER
43 West 28 Street
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This past year has been a year of increasing costs and decreasing supply available to the public. And it is hurting all but the very wealthy. For those living in oppressed communities like Chinatown the pinch is immense, but for even those Asians who live outside Chinatown, particularly young wage earning families, students and the elderly, the amount that our dollar can buy is decreasing everyday.

The United Asian Communities Center was started based on three basic ideas. The first is that Asian people in the United States, though we are of distinct and unique heritages, face common problems--political, economic, social and psychological. For those who have no geographical Asian community and for those who live outside Chinatown, there is too often a sense of isolation; between those Asians who are of differing backgrounds--separation; and among many Asians when confronted with the concerns of problems of other Asians--alienation. The Center believes that strength lies in the unity of people and that the unity of Asian people is an important step toward the unity of all peoples.

The second idea is that together we can struggle more effectively toward the betterment of the society in which we live and the conditions which affect our lives. Whether it be racism in the media, poor and overcrowded conditions in Chinatown, problems of Asian people on the job, at school, or in the home, or acquainting the American public with the issues facing Asian countries around the world, a strong and united voice to be effectively heard is most necessary.

The third idea we call self-reliance; that we as a people have resources and strengths as yet untouched; that we need not beg for handouts or favors but that by educating ourselves and each other and by cooperating together toward a greater end we can do more than we yet have imagined.

For those reasons, the past year the Center has been initiating programs that, we hope have in some small way, have been consistent with that philosophy. In the past few weeks we have initiated a small food co-op around which we might learn and grow from each other as well as cut down our food budgets a little.

Are you interested?

**** List of Food Co-op Items**

- (1) Oyster Sauce
- (2) Instant Noodles
- (3) Thin Soy
- (4) (5) Kikkoman
- (6) Rice
- *(7) Sai Fun

****List as of Jan. 21, 1974. Prices subject to change. See attached sheet for current price lists and items.**

Of course, for us to expand the list and for all of us to gain as much as we can from each other, participation is greatly encouraged. How can you help? You can make available your time and car for pick-ups, or tell a friend about the co-op, or collect old paper bags, or watch-dog food prices in your neighborhood stores and let us know of the changes, volunteer to man the co-op table at Center functions or relieve a staff person at a Center function so that he or she may go to the co-op table, contribute your experience and observations. In short, anything! We cannot feel we have really begun unless we can work together not only on this co-op but on the many things from which we all can grow together.

*Not shown in illustration

Center People

Co-op hours: Mon.: 6:30-10:00 p.m.
Tues.: 5:30-8:30 p.m.

Fri.: 7:30-10:00 p.m.
Sat.: 11:30 a.m. - 5:00 p.m.